



# **Dauphin County Safe Plan of Care**

Supporting families

Finding services to prepare for  
parenting

Keeping children healthy and safe.



Dauphin County Children and Youth

# Who is the Dauphin County Team?



Dauphin County Department of Drug and Alcohol Services



**PennState Health**

**UPMC | MAGEE-WOMENS**



**DAUPHIN COUNTY  
PENNSYLVANIA**

DEPARTMENT OF  
MENTAL HEALTH / AUTISM / DEVELOPMENTAL PROGRAMS

**Early Intervention Program**

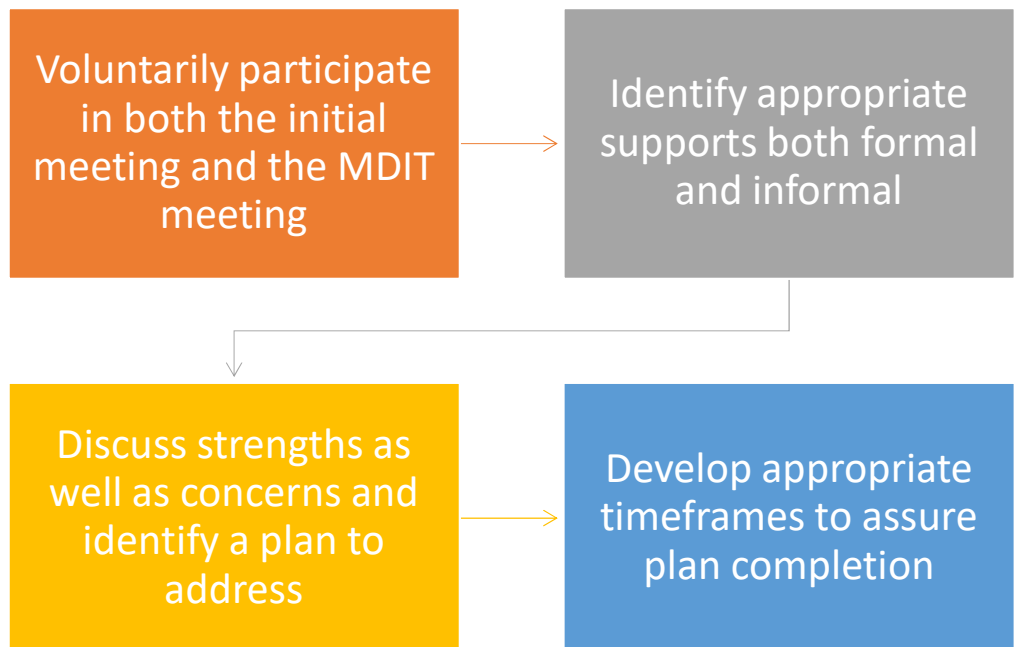
## *Three Populations*

- **Population 1:** Women who are using legally prescribed medication, including opioids for pain or on medication that can result in withdrawal symptoms and do not have a substance use disorder.
- **Population 2:** Women who are receiving medication assisted treatment for an opioid use disorder and/or are actively engaged in treatment for a substance use disorder.
- **Population 3:** Women who are misusing prescription drugs or are using other legal or illegal substances, may meet criteria for a substance use disorder, and are not actively engaged in a treatment program.

- Initial Meeting within 24 hours of receipt of notification/referral
- Initial Plan
- SPOC meetings that occur at the hospital/home
- SPOC caseworker responsibilities
- Identification of formal and informal supports
- Multi-Disciplinary Team (MDT) meeting within 10 business days
- Case management after initial contacts

*DCSSC&Y Response to a SPOC referral for populations 2 & 3*

# The family's role...



# UPMC Pinnacle Hospitals Process for Plans of Safe Care

Families may receive written information prenatally or after delivery.



**Screening for Substance Use During Pregnancy**

Our health care team wants to provide you and your baby with the best care possible to begin a happy and healthy life. Substance use during pregnancy can put both you and your baby at risk depending on the type and amount of substances used. You should talk with a member of your health care team before using any substances during pregnancy, including prescription medicines, over-the-counter medicines, alcohol, street drugs, and herbal supplements.

To provide the best care for you and your baby, our staff must know what substances you and your baby have been exposed to. Pregnant women will be screened (a short series of questions) for substance use during pregnancy.

If there is concern for substance use, your health care team member may discuss with you additional testing for you and your baby.

*continued*

UPMC | MAGEE-WOMENS



**Neonatal Opioid Withdrawal Syndrome:  
A Guide for Families**

UPMC | MAGEE-WOMENS

# Prenatal Screening Process

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- Universal screening is performed in the Women's Health outpatient clinic at the first prenatal visit.
- If the mother screens positive for substance use, including methadone or prescription pain medication, a referral is made to the outpatient social worker in the Women's Health clinic for follow up for referrals and to initiate the Plan of Safe Care if indicated.
- Screening is being expanded for other clinics where prenatal care is also provided.
- Education of other clinics such as Pain Management of the POSC requirements and process is also being initiated.



**PennState Health**  
Children's Hospital

# Toxicology Testing

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- PSHCH completes universal meconium collection on all deliveries
  - The stool sample is collected and held for 7 days
  - Sample is only tested if there is a known maternal drug history or suspicion of drug use / withdrawal
- PSHCH recently added fentanyl to drug screen
- Moms may be urine drug tested



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# Post Delivery

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- After delivery, PSHCH Social Worker meets with family to complete psychosocial assessment and discuss Plan of Safe Care process;
- PSHCH social worker works with the team to monitor the infant's condition and care during the admission;
- Childline report is completed if the child needs to be treated with medication or if the mother and/or infant tests positive for illicit or unprescribed substances
- PSHCH completes an Early Intervention referral for any newborn with prenatal substance exposure
- A baby treated for NAS in PSHCH NICU will also have follow up in Penn State NICU Developmental Clinic



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Children's Hospital

# Department of Drug and Alcohol's Role During the Initial Meeting

The Drug and Alcohol Case Manager will:

- Introduce themselves,
- Explain what our office does,
- Complete a screening tool (immediately following the discussion),
- Determine if we need to complete a level of care assessment, best location to complete the level of care assessment, or determine and connect directly to treatment services,
- Provide our contact information and let the individual know that we will be following up.



A close-up photograph of a newborn baby's hand being held by an adult's hand. The baby's hand is small and pinkish, with fingers slightly curled. The adult's hand is larger and more wrinkled, providing a sense of care and support. The background is softly blurred, showing what appears to be a white hospital gown or blanket.

## Treatment Levels of Care

- Outpatient
- Intensive Outpatient
- Partial Hospitalization
- Halfway House
- Residential Treatment
- Withdrawal Management
- Medication Assisted Treatment

# Support Services

## Potential Referrals

- Ongoing D&A Case Management through Dauphin County D&A
- Housing Resources
- Hamilton Health – Baby Love ICM
- Nurse Family Partnership
- The RASE Project





# DAUPHIN COUNTY P E N N S Y L V A N I A

DEPARTMENT OF  
MENTAL HEALTH / AUTISM / DEVELOPMENTAL PROGRAMS

## Early Intervention Program

Dauphin County Department of MH/A/DP  
100 Chestnut St., First Floor  
Harrisburg, PA 17101

CMU (EI Service Coordination Unit)  
1100 S. Cameron St.  
Harrisburg, PA 17104

# What happens when you refer a child who has a Safe Plan of Care ?

- Referrals come to CMU EI Service Coordinators by calling 717-441-7034 or securely emailing referral form to CMU EI supervisors Jill Nelson [jnelson@cmu.cc](mailto:jnelson@cmu.cc) and Chris Trautwein [ctrautwein@cmu.cc](mailto:ctrautwein@cmu.cc)
- The Service Coordinator (SC) will call the parent/legal guardian to confirm participation and explain next steps
- The SC will ask parents/guardians about concerns they have for their child's development. What is going well and what is challenging?
- The SC will assist the family to connect to non-EI supports, services, resources, as needed
- The SC will assist the family to schedule an Evaluation within 45 days of referral to determine program eligibility
- The SC will explain the benefits of the Tracking option- periodic developmental screening, no ongoing therapy services, support when there is a known risk for developmental delays
- Children are eligible by diagnosis, score on standardized testing, Informed Clinical Opinion
- The child's team, which includes the parent and other caregivers as requested, writes the Individualized Family Service Plan (IFSP)
- Services start within 14 days of writing the IFSP
- Tele-Intervention and/or In Person sessions are available
- The SC continues to communicate with Children and Youth caseworkers and other SPOC team members about the child's needs and progress and can continue the SPOC plan even when CYS is no longer involved.

# Services to Pregnant Women and Infants

- Provide information on:
  - **Ongoing health care and health insurance**, as appropriate
  - **Comprehensive services** such as nutritional counseling, food assistance, oral health care, mental health services, substance abuse prevention and treatment, and emergency shelter or transitional housing in cases of domestic violence
- A **newborn visit** with each mother and baby. This visit is scheduled within two weeks after the birth of the child
- **Prenatal and postpartum information, education and services** that address fetal development, importance of nutrition, risks of alcohol, drugs, and smoking, labor and delivery, postpartum recovery, parental depression, infant care, safe sleep practices, and the benefits of breast feeding
- **Address** needs for appropriate support for **emotional well-being, nurturing and responsive caregiving, and father engagement** during pregnancy and early childhood

**Nurse-Family Partnership®  
at UPMC in Central Pa.**

**Need more information?**

**Phone: 717-782-2335**



*Your nurse will support you to:*

- Have a healthy pregnancy and a healthy baby.
- Become the best mom you can be.
- Learn and practice things that make you more confident as a mom, like breastfeeding, nutrition, child development, safe-sleep techniques and much more.
- Get referrals for healthcare, childcare, job training and other support services available in your community.
- Continue your education, develop job skills or follow your dreams for the future.





# BABY LOVE MATERNAL ADDICTION PROGRAM



Helping pregnant women & new mothers  
in Dauphin County



Women who are pregnant or have  
children under 5 years old



Substance Use Disorder  
(nicotine, alcohol, marijuana, opiates, etc.)



Free Intensive Case Management Services



# When the family completes?

A survey is offered to get the necessary feedback the steering committee needs to make improvements in the process.



## SAFE PLANS OF CARE SURVEY

### What is a Safe Plan of Care?

It provides resources for you and your child.

It can keep you and your child healthy and safe, especially for an infant who was exposed to substances during pregnancy.



The survey helps us provide parents with services they need most to keep their child safe.

Please scan code to complete a family survey



### SERVICES PROVIDED BY THE FOLLOWING:

#### *Dauphin County Social Services for Children & Youth*

1001 N 6th Street  
Harrisburg, PA 17102  
Phone: 717-780-7200

#### *Baby Love @ Hamilton Health Center*

110 S. 17th Street  
Harrisburg, PA  
1-866-530-BABY (2229)



#### *Dauphin County Department of Drug & Alcohol Services*

1100 S. Cameron Street  
Harrisburg, PA 17104  
Phone: 717-635-2254

#### *Dauphin County Early Intervention Services*

1100 S. Cameron Street  
Harrisburg, PA 17104  
Phone: 717-441-7034

#### *UPMC Nurse Family Partnership*

Phone: 717-782-2335

#### BOARD OF COMMISSIONERS

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CHAD SAYLOR, VICE CHAIRMAN  
GEORGE P. HARTWICK III, SECRETARY  
[www.dauphincounty.org](http://www.dauphincounty.org)

